

AVERY HART

TEXAS TRACK & FIELD · TRIPLE JUMP & LONG JUMP
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SUMMARY

Sociology student and NCAA Division I triple and long jumper with Project Manager Intern experience at Feniex Industries. Brings analytical thinking, clear writing and a record of fast improvement while balancing two sports, academics and travel. All-ACC Academic honoree.

EXPERIENCE

Project Manager Intern

2026

Feniex Industries · Austin, TX

- Supported cross-functional projects linking engineering, assembly and sales at a company that designs, builds and tests emergency-vehicle lighting in Austin.
- Built and maintained project schedules and task trackers, flagging dependencies and open questions for team leads.
- Wrote and revised process documentation in clear, step-by-step language for production and support workflows.
- Applied AI-assisted Claude workflows to research questions, structure documents and check work for clarity and accuracy.

Job Shadow

Spring 2024

Office of Suffolk County District Attorney Kevin Hayden · Boston, MA

- Shadowed District Attorney Kevin Hayden one-on-one, observing courtroom proceedings including arraignments, motions and trials.
- Learned how cases are prepared, how charging decisions are made and how prosecutors work with law enforcement and victim advocates.
- Attended debriefs on case strategy, ethics and careers in public-interest law.

EDUCATION

The University of Texas at Austin

2026–Present (expected May 2029)

Bachelor's candidate, Sociology; Minor in Business and Public Policy

University of California, Berkeley

2025–2026

Undergraduate coursework before transferring to Texas

All-ACC Academic; ACC Academic Honor Roll (2026)

ATHLETICS

Jumper (Triple Jump, Long Jump)

2025–Present

NCAA Division I: University of Texas (2026–present); UC Berkeley (2025–26)

- Won the triple jump at the 2026 Jim Bush Legends Meet for a first collegiate title (12.55m).
- Set personal bests in the triple jump (12.77m) and long jump (6.07m) at the 2026 ACC Outdoor Championships; reached the triple jump final.
- Competed at the 2026 NCAA West First Round as a freshman (12.90m wind-aided).

Jumper and Hurdler

2021–2025

Buckingham Browne & Nichols School, Cambridge, MA

- Named 2025 NEPSAC Division 2 girls track & field MVP; All-NEPSAC in the long and triple jump.
- Won three ISL triple jump titles (2023–25) and two NEPSAC Division 2 titles in both the long and triple jump.
- Won 2024 AAU Indoor national titles (high jump, triple jump); four straight years at New Balance Nationals Outdoor.

SKILLS

Core: Project Coordination, Scheduling & Dependency Tracking, Stakeholder Communication, Process Documentation, Analytical Reasoning, Research & Writing, Structured Problem Solving

Tools: Microsoft Excel, Microsoft Word & PowerPoint, Google Workspace, Claude (AI assistant)

HONORS

- All-ACC Academic2026
- NEPSAC Girls Track & Field Division 2 MVP2025
- AAU Indoor National Champion, High Jump and Triple Jump2024
- ISL Triple Jump Champion (3x)2023–2025
- All-ISL, Volleyball2023, 2024

REFERENCE

“The triple jump only works when three phases connect, and Avery thinks the same way about a project: how each step sets up the next. She asks the right questions, then commits. That’s a rare combination in an intern, and in a jumper.”

Hamza Deyaf, Founder & CEO, Feniex Industries